

LIFETIME By A4M Thailand : The 5th American Academy in Anti-Aging and Aesthetic Medicine

SEPT 6 - 8, 2013

Day 1			
8:00	Congress Registration		
	OPENING SPEECHES		
09.00-09.20	Where We Are Today : Scientific Background of Anti-Aging Medicine, A Critical Review		Prof. Jesus F. Tresguerres
09.20 - 09.45	Old Story In A New Suit ? Free Radicals in Aging		Dr. Garry Gordon
09.45 - 10.10	The Bioidentical Hormone Debate: Are Bioidentical Hormones Safer or More Efficacious than Commonly Used Synthetic Versions in Hormone Replacement Therapy?		Dr. Kent Holtorf
10.10 - 10.35	Stem Cell Therapy - A New Way To Eternal Life?		Prof. Dr. Michael Klentze
10.35 - 11.00	Coffee break		
11.00 - 11.25	Brain Trauma and aging, what do they have in common?		TBC
11.25 - 11.50	How To Avoid PIH After CO2 Fractional Laser		Dr. Kwon Han Jin
11.50 - 12.15	Detoxification before cell treatment : Does it make sense ?		TBC
12.15 - 13.30	Lunch Workshop Klentze Medical Faculty : how to manage an Anti-Aging Clinic		
	BHRT		BEAUTY FROM THE INSIDE
13.30 - 13.55	Bioidentical Female Hormone Treatment	Prof. Dr. Michael Klentze	Beyond Fillers and Botox : What's New in Aesthetics?
13.55 - 14.20	Bio-Identical Hormone and Complementary Therapies; Treating Menopause and Andropause	Dr. Theo Christodoulakis	Pillars of Anti-Aging
14.20 - 14.45	Pueraria Mirifica – The Latest Breakthroughs and Innovations	Dr. Sandford Schwartz	Ultra V Lift Upgrade Technique with Double Twist and Cog for Natural Lifting
14.45 - 15.10	The Restoration of the GH IGF1 Axis in Aging	Prof. Jesus Tresguerres	Energy Medicine : Application For Life
15.10 - 15.40			Dr. Nalinee Sutthipisal
			Coffee Break @ Exhibition Hall
	CELL THERAPY		BODY SCULPTURING
15.40 - 16.05	What Are Stem Cells ?	Prof. Dr. Michael Klentze	Cutting Edge in Botox Treatment
16.05 - 16.30	Autologous Pluripotent Mesenchymal Stem Cells From The Skin	Dr. Christoph Ganss	Cellular Ultrafiltrates: Organ specific Peptides in face rejuvenation
16.30 - 16.55	Anti Aging treatment with patient derived fat stem cell	TBC	New Technic in Liposuction
			End of Day 1
17.00 - 19.00			Networking Reception at the Exhibition Hall

Day 2			
	ENERGY AND PERFORMANCE		HAIR RESTORATION
09.00 - 09.25	Nitrosative Stress and Mitochondrial Function	TBC	Growth Factors and Stem Cells for Hair Restoration
09.25 - 09.50	Treating Mitochondrial Loss With HGH	TBC	Orthomolecular treatment for hair quality and restoration
09.50 - 10.15	Melatonin and Magnetism. What's Behind the Cardiac Risk of Magnetic Waves and Melatonin?	TBC	Stem cell hair restoration
10.15 - 10.45			Coffee Break @ Exhibition Hall
	THE LATEST FROM REGENERATIVE THERAPIES		BREAST BEAUTY
10.45 - 11.10	Cutting Edge Technology For The Clinic Of A New Class Of Therapies & Prevention	Dr. Christoph Ganss	Adipose Stem Cell Graft for Breast Augmentation
11.10 - 11.35	Can We Treat Cancer With Stem Cells?	Dr. Michael Papaharalambous	Pueraria Mirificata for Breast Augmentation
11.35 - 12.00	Growth Hormone Deficiency: To Treat or Not to Treat	Dr. Kent Holtorf	Cell Therapy with ABC B5 cells in Breast Augmentation
12.00-13.00	Lunch Workshop Villa Medica		TBC
	CELL MICROENVIRONMENT FOR REGENERATIVE THERAPY		FACE & BEAUTY THE CUTTING EDGE OF PLASTIC SURGERY
13.00-13:25	Is There a Cancer Risk in Stem Cell Treatment?	TBC	Adipose derived cells for face treatment
13.25 - 13.50	How to use cell therapy by improving microenvironment - a new method	TBC	Magnum II Signalling for face treatment
13.50 - 14.15	Optimize Hormones for stem cell treatment	TBC	RF Dissector(Innofill) for Eye Bag, Nasolabial Fold, Double Chin and Forehead
14.15 - 14.40	High Power Cells in Immune Stimulation : A Help for Cancer Patients?	TBC	Neck Lifting : Possible?
14.40 - 15.30			Coffee Break @ Exhibition Hall
	CELL INDUCING THERAPY		REGENERATIVE EFFECTS ON FACE
15.30 - 16.00	Sensitivity of human embryonic & induced pluripotent stem cell	TBC	PRP and fat cells in beauty treatment
16.00 - 16.30	PEMF exercise therapy to stimulate your own stem cells	Dr. Garry Gordon	Fat Graft for aesthetics
16.30 - 17.00	Telomere length as marker for cell therapy	Prof. Dr. Michael Klentze	Crisalix, e-Setix the first 3-D stimulator for plastic surgery
17:00			End of Day 2

Day 3			
	EXERCISE AND SPORTS MEDICINE		PEPTIDES AND GROWTH FACTORS
09.00-09.25	Critical Review of Diets For Weight Management	Prof. José R. Cabo-Soler	Growth factors and peptides for wound and burnt
09.25 - 09.50	Adipose Derived Cell Therapy	Dr. Nesrin Ercelen	Advances in PRP
09.50 - 10.15	Diabetes: Strength Training, Aerobic Training Or Both ?	Prof. Jesus Tresguerres	Collagen : Myth Or Fact?
10.15 - 10.45			Coffee Break @ Exhibition Hall
	NUTRITION AND FITNESS		ACNE
10.45 - 11.10	Mitochondria Testing In Sport	TBC	My Experience : Acne Treatments -The Individualized Approach
11.10 - 11.35	The Importance of Optimal Antioxidative and Detox Diet	Dr. Hamid Jan	The hormonal face: how to diagnose the hormones from the face in women
11.35 - 12.00	The candle burn out - Inflammation in Aging	TBC	Facial Engineering Technology
			End of Day 3