



# WORLD CONGRESS ON ANTI-AGING MEDICINE

**MAY 7-9, 2015 • HOLLYWOOD, FL**

**THREE  
FULL DAYS OF  
CME  
CREDITS!**

NEW LOCATION



**Daniel G. Amen, MD**  
Integrative Brain Expert



**Gary Small, MD**  
Leading Innovator in Science & Technology



**Pamela W. Smith, MD, MPH, MS**  
MMI Fellowship Director



**Thierry Hertoghe, MD**  
Hormone Therapies Expert



**David Perlmutter, MD, FACN, ABIHM**  
Board-Certified Neurologist

**EARLY BIRD  
SPECIAL  
\$495**

Until March 31, 2015\*

\*After March 31, 2015, registration is \$695  
\$1095 on-site

## Diplomat Resort & Spa

3555 S Ocean Dr, Hollywood, FL 33019  
Room Rate: \$219/night (includes internet)  
Rate expires: 4.15.15 • Group Code: AAJ40  
Phone: 855.689.2911



Call 561.893.8626 or visit [www.A4M.com](http://www.A4M.com) for more information

# THE FUTURE OF MEDICINE TODAY

Bio-Identical Hormone Replacement Therapy Symposium



September 17-19, 2015 • New Orleans, LA

Sheraton New Orleans

Bio-Identical Hormone Replacement Therapy Symposium



November 19-21, 2015 • Vancouver, BC

Sheraton Wall Centre

23<sup>rd</sup> Annual World Congress on Anti-Aging Medicine



December 10-13, 2015 • Las Vegas, NV

Venetian/Palazzo Hotel

# SAVE THE DATE

Call 561.893.8626 or visit [www.A4M.com](http://www.A4M.com) for more information



ESTABLISHED 1992, A4M REPRESENTS 26,000 PHYSICIANS & SCIENTISTS FROM 120 COUNTRIES WORLDWIDE

## WORLD'S LARGEST ANTI-AGING EVENT

### MAY 7-9, 2015 • HOLLYWOOD, FL

### 3 FULL DAYS OF CME CREDITS!

### EARLY BIRD SPECIAL \$495

Until March 31, 2015\*  
\*After March 31, 2015, registration is \$695  
\$1095 on-site

# Why the Anti-Aging Industry is Right for Your Practice

Anti-Aging Medicine is a specialty founded on the application of advanced scientific and medical technologies for the early detection, prevention, treatment and reversal of age related dysfunction, disorders and diseases. It is a healthcare model promoting innovative science and research to prolong the healthy lifestyle in humans.

While the global population is aging at an unprecedented rate, Anti-Aging & Aesthetic Medicine has been developed as a healthcare concept offering solutions to extend the healthy lifespan of individuals. The science of Anti-Aging & Aesthetic Medicine is multidisciplinary with advances in the fields of biochemistry, biology and physiology. This population growth rate can be attributed to a decrease in mortality and not an increase in birth rate with Baby Boomers accounting for one-quarter of the US population. The traditional view has been to take aging "in stride", however the conversation around aging is changing.

- Botox was the number one cosmetic procedure performed with 2.8 million procedures, up 157% from 2002
- 45% of all cosmetic procedures were performed for people 35 - 50 years old
- There are 76.4 million Baby Boomers in the U.S.
- An American turns 50 every 7 seconds – more than 12,500 people every day
- People over 50 years of age control 70 percent of the financial assets in the USA and 50 percent of all discretionary income
- Three of every five consumers take supplements on a regular basis

With this information in mind, the opportunities in the Anti-Aging market are vast, as the global market is estimated to be worth \$292 billion by the end of 2015. In May of 2015 healthcare practitioners, both domestic and international, are expected to gather in South Florida for this year's largest conference on Anti-Aging medicine where many healthcare professionals will teach, lecture and demonstrate different aspects of emerging Anti-Aging, Integrative and Functional medicine. Topics include Lifestyle Factors, Metabolic Syndrome, Injectable Techniques, Nutrient Strategies, Inflammation plus many more!

## Here's what your colleagues are saying...

“ I joined the A4M and after attending my first event, I knew I was on **the right track to practicing medicine** the way I had always intended. - *Ferdinand Cabrera, MD* ”

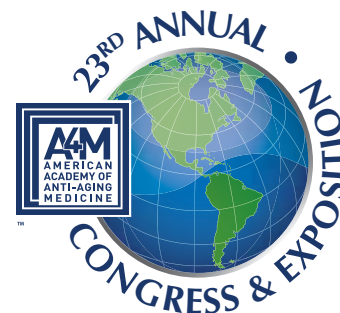
“ The World Congress has clearly established itself as the **leading educational event** for healthcare professionals interested in natural, alternative, or integrative medicine. It has become an absolute must for me to attend annually. - *Joseph Mercola, DO* ”

“ An amazing conference for the health and wellness practitioner. The speakers were amazing! This is a **first class event**. Looking forward to attending more in the future. - *Christopher M. Colgin, DC* ”

“ Great conference! We were able to meet many other practices interested in regenerative medicine. The content was very helpful and introduced new topics in anti-aging, lifestyle medicine and regenerative medicine. **I would highly recommend the conference** to those more interested in preventing disease than treating it! - *Christopher Centeno, MD* ”

Call 561.893.8626 or visit [www.A4M.com](http://www.A4M.com) for more information

# Schedule at a Glance



## Thursday, May 7 - Symposia

Time	Topic	Presented By
8:00am-4:00pm	CME Symposia Lectures	Expert Faculty

## Friday, May 8 - General Session

Time	Topic	Presented By
7:00am-7:30am	Effective Treatment for Fibromyalgia & Chronic Fatigue	Jacob Teitelbaum, MD
7:30am-8:00am	Metabolic and Functional Medicine Inter-relationships: CVD, Gastrointestinal, The Microbiome, Immunology, Neurology, Toxicology and Cancer	Mark Houston, MD, MS, ABAARM, FACP, FAHA
8:00am-8:30am	Systemic Cancer Treatment: Time for a Paradigm Change	Mark Rosenberg, MD
8:30am-9:00am	Opening Remarks (Non-CME)	Ronald Klatz, MD, DO & Robert Goldman, MD, PhD, DO
9:00am-10:00am	<b>Special Guest</b>	Daniel Amen, MD
10:00am-11:00am	<b>Special Guest</b>	David Perlmutter, MD, FACN, ABIHM

## Afternoon Interactive Sessions include:

Time	Topic	Presented By
1:00pm-4:00pm	<b>Session 1</b> - Hormones and the Anti-Aging Equation	Expert Faculty
1:00pm-4:00pm	<b>Session 2</b> - Lifestyle Management/Clinical Case Protocols	Expert Faculty
1:00pm-4:00pm	<b>Session 3</b> - Stem Cells & Reprogramming	Expert Faculty
1:00pm-4:00pm	<b>Session 4</b> - Advances in Aesthetic Medicine	Expert Faculty

## Saturday, May 9 - General Session

Time	Topic	Presented By
7:00am-7:30am	Clinical and Economic Benefits Using a Behavioral Approach with Nutrition Counseling	Chris Meletis, ND
7:30am-8:00am	Breakthrough Approaches to Address Gluten Exposure and Sensitivities	Tom O'Bryan, DC, CCN, DACBN
8:00am-8:30am	Novel Technologies for Supporting Triads	Jim LaValle, RPh, CCN, MS
8:30am-9:00am	Brain Fitness: Memory Maintenance and Cognitive Decline	Pamela W. Smith, MD, MPH, MS
9:00am-10:00am	<b>Special Guest</b>	Gary Small, MD
10:00am-10:30am	Understanding the Stress, Thyroid, Hormone Connection & Prioritizing Systems	Andrew Heyman, MD
10:30am-11:00am	Male Sexuality: So Much More Hormone Therapies than just Testosterone	Thierry Hertoghe, MD

## Afternoon Interactive Sessions include:

Time	Topic	Presented By
1:00pm-4:00pm	<b>Session 1</b> - Functional Medicine Hot Topics	Expert Faculty
1:00pm-4:00pm	<b>Session 2</b> - Lifestyle Management/Clinical Case Protocols	Expert Faculty
1:00pm-4:00pm	<b>Session 3</b> - Stem Cells & Reprogramming	Expert Faculty
1:00pm-4:00pm	<b>Session 4</b> - Advances in Aesthetic Medicine	Expert Faculty

Schedule subject to change

Call 561.893.8626 or visit [www.A4M.com](http://www.A4M.com) for more information

# LEADING CHANGE

For 23 years, the World Congress on Anti-Aging Medicine has been the world's largest event leading the change in Lifestyle, Functional, Anti-Aging, Integrative and Metabolic Medicine.



**The World Congress spans 3 full days for you to immerse yourself in important topics such as:**

- Brain Health
- Immune/Autoimmune
- Hormonal Health
- Science of Stem Cells
- Inflammation
- Cardiovascular Health
- Nutrient Strategies
- Advances in Aesthetic Medicine
- Functional Neurology
- Lifestyle Factors
- Genomics
- Interactive Case Studies

**Relevant, Innovative & Cutting Edge information for EVERY Healthcare Provider!**

## Reasons to Attend:

- Experience and participate in lectures with leading expert speakers
- Obtain take away knowledge on hot industry topics
- Attend full day of dedicated topic-based symposia
- Earn 3 full days of CME Credits
- Exposure to over 200 exhibitors with innovative industry-related products and services
- Network with colleagues who share your passion for prevention
- Opportunity to attend sponsored workshops



# ADVANCING HEALTH

**3 FULL DAYS OF  
CME CREDITS!**

**EARLY BIRD SPECIAL**  
**\$495** Until March 31, 2015\*  
\*After March 31, 2015, registration is \$695  
\$1095 on-site

## Diplomat Resort & Spa



Take in spectacular views of the Atlantic Ocean or the Intracoastal Waterway from Diplomat Resort & Spa Hollywood, a Curio Collection by Hilton. Ideally situated on the golden sand beaches of Hollywood, Florida, this impressive hotel offers the ideal retreat.

- ArtsPark at Young Circle
- Aventura Mall
- Bal Harbour Shops
- Club at Emerald Hills
- Hollywood Parasail
- K1 Speed South Florida
- Seminole Hard Rock Hollywood Casino
- Everglades
- Hollywood Beach
- Hollywood North Beach Park

Call 561.893.8626 or visit [www.A4M.com](http://www.A4M.com) for more information

# Meet our Faculty



**Daniel G. Amen, MD** believes that brain health is central to all health and success. When your brain works right, you work right; and when your brain is troubled, you are much more likely to have trouble in your own life. His work is dedicated to helping people have better brains and better lives. Dr. Amen is a physician, double Board Certified psychiatrist and the Founder and Medical Director of Amen Clinics. He is a 9-time New York Times bestselling author.



**David Perlmutter, MD, FACN, ABIHM** is a Board-Certified Neurologist and Fellow of the American College of Nutrition and has a practice in Naples, Florida where he serves as Medical Director of the Perlmutter Health Center. Dr. Perlmutter has contributed extensively to the world medical literature and is also a bestselling author of eight books. He has been interviewed on television programs including 20/20, The Faith Daniels Program, Larry King Live, CNN, Fox News, Fox and Friends, The Today Show, The Oprah Show, The Dr Oz Show and The CBS Early Show.



**Gary Small, MD** is a professor of psychiatry and director of the UCLA Longevity Center at the Semel Institute for Neuroscience & Human Behavior. His research, supported by the National Institute of Health, has made headlines in the Wall Street Journal and the New York Times. Scientific American magazine named him one of the world's leading innovators in science and technology. His expertise ranges from Alzheimer's disease prevention and memory enhancement to the impact of technology on the brain, as well as the latest psychiatric treatments and therapy breakthroughs.



**Dr. Seth J. Baum, MD**, a graduate of Columbia College of Physicians and Surgeons, completed training in Internal Medicine, Cardiology, Interventional Cardiology, and Electrophysiology. He has directed the Cardiac Catheterization laboratories at both Boca Raton and North Ridge hospitals, where he also founded the Electrophysiology laboratories. Dr. Baum has worked extensively in Integrative Cardiology, directing the Harvard affiliated Mind/Body Medicine Institute, Boca Raton division, lecturing nationally to physicians and the lay public, and teaching a graduate level course in Integrative Medicine at Florida Atlantic University. In 2002, he founded VitalRemedyMD, a conservative, scientifically-based nutritional supplement company, and The Foundation for Preventive and Integrative Medicine, a non-profit entity devoted to charity, education, and research in preventive medicine.



**David Brady, ND** has 22-years of experience as an integrative physician and over 18 years in health sciences academia. He is a licensed naturopathic medical physician in Connecticut and Vermont, a Board Certified clinical nutritionist and received his original clinical training as a chiropractic physician. He currently serves as the Vice Provost for the Division of Health Sciences, Interim Dean of the College of Naturopathic Medicine, and Director of the Human Nutrition Institute at the University of Bridgeport in Connecticut. He maintains a private practice, Whole Body Medicine, in Trumbull, CT. Dr. Brady is also the Chief Medical Officer for Designs for Health, Inc.



**Nathan Bryan, PhD** is an Assistant Professor of Molecular Medicine within the Brown Foundation Institute of Molecular Medicine, part of the School of Medicine at the University of Texas Health Science Center at Houston. He is also on faculty within the Department of Integrative Biology and Pharmacology and Graduate School of Biomedical Sciences at the UT Houston Medical School. Dr. Bryan earned his undergraduate Bachelor of Science degree in Biochemistry from the University of Texas at Austin and his doctoral degree from Louisiana State University School of Medicine in Shreveport where he was the recipient of the Dean's Award for Excellence in Research. He pursued his post-doctoral training as a Kirschstein Fellow at Boston University School of Medicine in the Whitaker Cardiovascular Institute.



**Shalesh Kaushal, MD** is a clinician-scientist through-and-through. His desire for diving deep to solve problems for both his patients and the scientific community has earned him a reputation as being a thoughtful innovator. Originally from New England,

Dr. Kaushal always knew he wanted to be a physician. But, it wasn't until his third year studying at Johns Hopkins University School of Medicine that two mentors introduced him to ophthalmology, and later his love for retinal biology and diseases.



**Thierry Hertoghe, MD** is the President of the International Hormone Society. He practices lifespan/reversing aging medicine and hormone therapy. He represents the fourth consecutive generation of physicians who have worked in the field of hormone therapy, where he practices medicine with a team of experienced doctors in Brussels. He is an internationally known authority in medical therapies oriented to correct hormone deficiencies, reduce aging or even on some aspects, reverse aging and possibly extend lifespan.



**Mark Rosenberg, MD, FACEP**, received his doctorate from Georgetown University School of Medicine in 1988 and has been involved with drug research since 1991. With numerous certifications in several different fields of medicine, psychology and fitness, Dr. Rosenberg has a wide breadth of experience in both the public and private sector with particular expertise in the mechanisms of cancer treatment failure. Dr. Rosenberg is an innovator, constantly developing new ideas, techniques, and drugs, to combat incurable diseases.



**Jacob Teitelbaum, MD** is a Board Certified internist and nationally known expert in the fields of chronic fatigue syndrome, fibromyalgia, sleep and pain. He is also the founder of the Practitioners Alliance Network (or PAN) and author of numerous books including *The Fatigue and Fibromyalgia Solution* and the best-selling *From Fatigued to Fantastic!*



**Pamela Wartian Smith, MD, MPH, MS** spent her first twenty years of practice as an emergency room physician with the Detroit Medical Center and then the next sixteen years as an Anti-Aging/Metabolic Medicine specialist. She is a diplomat of the Board of the American Academy of Anti-Aging Physicians and is an internationally known speaker and author on the subject of Metabolic, Anti-Aging and Functional Medicine. She also holds Master's Degrees in both Public Health and Metabolic & Nutritional Medicine.



**Mark S. Nestor, MD, PhD** is a Voluntary Associate Professor of the Department of Dermatology and Cutaneous Surgery at the University Of Miami Leonard Miller School Of Medicine and serves as Director of the Center for Cosmetic Enhancement® and Director of the Center for Clinical and Cosmetic Research in Aventura, Florida. In addition, Dr. Nestor is Co-Chairman of the Board of Directors of Advanced Dermatology Management, a physician practice management company, and a managing partner of Skin and Cancer Associates a group practice of 49 Dermatologists and 30 offices throughout Florida.

Call 561.893.8626 or visit [www.A4M.com](http://www.A4M.com) for more information